



Press Release – 25<sup>th</sup> November 2019

## South Devon Spas Shine at the 2019 Condé Nast Johansens Awards

Visit South Devon for a restorative New Year with the best in nourishing spa stays and wellness retreats



*Gaia Spa, South Devon, the recent winners of the Condé Nast Johansens for Excellence: Best Destination Spa*

If you're looking for a healthy and relaxing start to the New Year then visit South Devon to experience an array of unrivalled spa, wellness and wellbeing breaks. You can stay in award winning hotels, set in stunning West Country locations, whilst you unwind and recharge for the year ahead.

Visitors who are keen to enjoy the fresh sea air and sweeping views of Devon can indulge in hotel and spa breaks at a number of award winning hotels, such as [Thurlestone Hotel Voyager Spa](#) where you can luxuriate in a number of soothing beauty treatments, There are serene spa days aplenty at the [Ilsington Hotel](#) which offers an exclusive corner of peace and tranquillity with a hint of Tibetan Influence at its award winning spa. If you want a visit to the English Riviera, then Torquay's [Grand Hotel](#) spa has a myriad of first class beauty and relaxation treatments for you to savour during your stay. For those looking for something a little different the intimate [Sirona Wellbeing and Spa](#) provides a variety of exquisite, immersive treatments across its four experience rooms.

South Devon is currently celebrating the recent success of two of its outstanding spas, both of whom secured prestigious industry recognition at the 37th annual Condé Nast Johansens Awards for Excellence. Gaia Spa, which is located at the historic Boringdon Hall in Plymouth, won the esteemed Best Destination Spa Award and Cary

Arms and Spa, based in Babbacombe Bay, achieved another coup for Devon with the highly-coveted Readers' Award.

Anna Roach of Visit South Devon said "We are delighted for Gaia Spa and Cary Arms and Spa, The Condé Nast Johansens Awards create great awareness within the spa and travel industry on a national scale. These well-deserved awards are the pinnacle of industry recognition and a resounding endorsement of the impressive spa and retreat offers from our region for visitors"



*Cary Arms and Spa receiving the Condé Nast Johansens for Excellence Award Readers' Award*

Offering everything from tranquil pools to energising saunas, luxurious treatments and yoga retreats, South Devon has a rejuvenating spa destination to suit a variety of budgets and desires. Visit [www.visitsouthdevon.co.uk/relaxing](http://www.visitsouthdevon.co.uk/relaxing) to read more about South Devon's restorative retreats.

South Devon Condé Nast Johansen winners [Gaia Spa](#) and [Cary Arms and Spa](#) have truly tempting New Year offers for those in need of a nurturing break:

Nourishing New Year Break at Gaia Spa, Boringdon Hall Hotel and Spa

Escape to South Devon's Boringdon Hall and Gaia Spa for a restorative, New Year stay. The two-night wellness break at the multi award winning spa provides the perfect opportunity to renew, reset and replenish in preparation for all that 2020 sets to offer.



Gaia Spa is a luxury spa set within the grounds of the enchanting 16th century Boringdon Hall Hotel. Situated on the edge of the idyllic Dartmoor National Park and just five minutes from Plymouth, the 5-star hotel features fantastic historic interiors and elegant rooms. Opened in 2016, this impressive spa complex, consisting of spa, gym and salon excels in its mission to deliver on the tagline: 'your wellness, naturally' with its holistic approach to wellbeing. The Nourishing New Year Break includes:

- Two night stay in courtyard room
- 5 course Vegan tasting menu in the Gallery Restaurant on one evening
- Bottle of non-alcoholic sparkling wine with dinner
- Access to all fitness classes and spa facilities
- Personal training session
- 120 minute Gaia Ritual for £120 per person (usually £195)
- 10% off any other spa treatments booked during stay
- Book online at [www.boringdonhall.co.uk](http://www.boringdonhall.co.uk) or call 01752 344455

Celebrate New Year in style at the highly acclaimed Cary Arms & Spa.

Are you still looking for somewhere special to ring in the New Year? Why not book a 3 night House Party in sensational South Devon? From a glitzy champagne reception, a sumptuous New Year's Eve five course feast to a spectacular firework display, the Cary Arms and Spa have all the magical ingredients to make your New Year the best one yet! Set in a remarkable position overlooking Babbacombe Bay and miles of seascape along the Jurassic Coast, the inn and surrounding grounds have been sympathetically restored and remodelled to offer stylish and spacious accommodation designed to rival the best hotels in the country



*Cary Arms and Spa, Babbacombe Bay*

The Cary Arms and Spa New Year's House Party includes: 3 nights arriving on 30th December 2019 includes accommodation, dinners, breakfasts, entertainment including live music, fireworks and selected drinks

- Luxury Seaview Rooms £1705
- Chic & contemporary Beach Hut £2145
- Cottages £4500-£4725
- For more detail on the Cary Arms and Spa New Year Itinerary please call 01803 327110.

Ends.

#### About Visit South Devon:

Visit South Devon is a Community Interest Company that exists solely for the benefit of the local tourism community, helping raise the profile of the area as a destination for both national and international visitors. Covering the whole southern half of Devon, including, the South Hams, Teignbridge, East Devon and Mid Devon, our main aim is to increase the number of day visits, short breaks, longer holidays and business trips to South Devon for the benefit of the local tourism economy.

For lots of useful information on great places to stay, eat and visit in South Devon please visit [www.visitsouthdevon.co.uk](http://www.visitsouthdevon.co.uk) To follow or share the story visit: Visit South Devon @visitsouthdevon #southdevon #visitsouthdevon.

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